

Calling all you Moms out there! Having children doesn't mean that you need to stop taking care of yourself. Having healthy relationships with your husband and friends is a great way to keep yourself healthy, well-rested and rejuvenated. So starting this week, gather up a group of women friends and try one of these great ideas for a Mom's Night Out.

Ten Ideas For Mom's Night Out

Like Oprah always says, being a stay at home Mom is the hardest job in the world. She's right – Mom's work hard and deserve a break every now and again. Likely you have a circle of friends or group of Moms that you'd like to get to know better so schedule a Mom's Night Out and let the fun begin! Once you try it, you'll be setting up Mom's nights at least once a month so that you can get out of the house, bond with and get validation from other Mothers in the same situation, have some adult interaction and build long-lasting relationships. Get Dad to watch the kids or hire a babysitter so you get the much needed break that you need to rejuvenate. Try some of these great and affordable ideas to kick off Mom's Night Out.

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1. Go to the Spa or host a spa party where you give each other manicures
2. Have a Bunco dice game or group game night.
3. Go out to a local dinner theater or see a musical show
4. Throw a pool party or backyard barbecue
5. Have a dessert or progressive dinner night

BABY GIFTS & GIFT BASKETS

Moms – take a break and give yourself a little pampering at your local spa. From manicures to massages to facials, local spas and salons often offer affordable packages guaranteed to rejuvenate you mind, body and soul.

[Baby Gifts and Gift Baskets](#) provides timely and practical information for new moms, as well as gift ideas for pregnancy, baby showers, and to celebrate birth:

New Gift Ideas

- [New Baby Gift Baskets](#)
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- [Welcome Wagons](#)
- [Bath Time Baskets](#)
- [Baby Cookie Baskets](#)
- [Rocking Horses](#)
- [Baby Book Baskets](#)
- [Unique Gift Sets](#)
- [Personalized Baby Gifts](#)
- [Personalized Baskets](#)
- [Baby Blankets](#)
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- [Personalized Furniture](#)
- [Hooded Towels](#)
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- [Other Gifts](#)
- [Baby Diaper Cakes](#)
- [Twin & Triplet Gifts](#)
- [Baptism – Christening](#)
- [1st Birthday Gifts](#)
- [Teddy Bears & Plush](#)
- [Christmas Baby Gifts](#)
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- [Baby Shower Favors](#)
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- [Baby Shower Games](#)
- [Invites & Thank You](#)
- [Shower Centerpieces](#)
- [Baby Baptism Favors](#)
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- [Baby Shower Tableware](#)
- [Pregnancy Congratulations](#)
- [Gifts Ideas for Mom](#)
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New Mom Relaxation Tote



This gift tote is especially designed for new moms. This trendy quilted diaper tote or hand bag is just large enough for mom and baby's essentials for a quick trip. The luxurious spa products are the ultimate gift to help her relax after a long day out and about with the baby. Choose either lavender or guava scented products - Bubble Bath, Travel Candle, Body Wash, Body Lotion and Loofah Slippers.

Price: \$80

Buy Now

6. Go bowling
7. Go to a movie or watch a DVD at someone's home
8. Do an outdoor activity like biking, canoeing, walking in the park, etc.
9. Start a book club and have a book discussion
10. Go to a comedy club show