

Are you are on a budget and would like to save some money? Pureed your food own food for your baby. Great for when you are eating supper (healthy foods of course) just puree some for the baby too. This will save time and money once you get the hang of it. Great to freeze all of your vegetables and meats you pureed.

Baby Feeding

When is the best time to wean your baby or toddler? The answer is, there is no real solid answer, and it is really a matter of when you or child is comfortable with weaning. The American Academy of Pediatrics recommends that babies be breastfed a minimum of one year, and the World Health Organization recommends a minimum of two years. This is because research has shown that breast milk is the best source of nutrition for a baby. Studies also show that in cultures where children are allowed to nurse for as long as they want the children usually will wean themselves at about three or four. However babies in the US usually are only nursed for their first year of life. Weaning is a very personal decision and should be done whenever mommy or baby is ready based on your needs and lifestyle.

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It is recommended that a mother who is breastfeeding does not abruptly stop. It can be hard on the baby who has grown accustom to breastfeeding and can lead to hormonal changes during the first few months of the child's birth and bring on depression for the mother. It can also make the mother's breast very painful as her body still produces milk and it can bring on mastitis, a breast infection. Experts also recommend that weaning be done during a time that is not stressful as this is a big change for mother and baby and a stressful time can make it much more difficult. When you want to stop breastfeeding you should do it little by little over several weeks to ease the transition for mom and baby.

BABY GIFTS & GIFT BASKETS

To start off feeding your 4-6 month baby you should, Begin with about 1 teaspoon dry rice cereal mixed with 4 to 5 teaspoons breast milk or formula (it'll be very runny). As they get use to the food than gradually thicken consistency and increase to 1 tablespoon dry cereal mixed with breast milk or formula, twice a day.

[Baby Gifts and Gift Baskets](#) provides timely and practical information for new moms, as well as gift ideas for pregnancy, baby showers, and to celebrate birth:

New Baby Gift Ideas

- [New Baby Gift Baskets](#)
- [Baby Gift Baskets](#)
- [Welcome Wagons](#)
- [Bath Time Baskets](#)
- [Baby Cookie Baskets](#)
- [Rocking Horses](#)
- [Baby Book Baskets](#)
- [Unique Gift Sets](#)
- [Personalized Baby Gifts](#)
- [Personalized Baskets](#)
- [Baby Blankets](#)
- [Personalized Banks](#)
- [Personalized Furniture](#)
- [Hooded Towels](#)
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- [Other Gifts](#)
- [Baby Diaper Cakes](#)
- [Twin & Triplet Gifts](#)
- [Baptism – Christening](#)
- [1st Birthday Gifts](#)
- [Teddy Bears & Plush](#)
- [Christmas Baby Gifts](#)
- [Easter Baby Gifts](#)
- [Baby Shower Favors](#)
- [Personalized Baby Favors](#)
- [Baby Shower Games](#)
- [Invites & Thank You](#)
- [Shower Centerpieces](#)
- [Baby Baptism Favors](#)
- [Birth Announcements](#)
- [Baby Shower Tableware](#)
- [Pregnancy Congratulations](#)
- [Gifts Ideas for Mom](#)
- [Gift Ideas for Dad](#)
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Got Milk Baby Gift Basket



Got baby? Welcome the new bundle of joy with wonderful gifts in a coordinated fabric lined basket. Boys design includes white and blue items, while baby girl's design uses pink and white. The medium includes matching one-piece body suit (0 - 6 months), booties, receiving blanket, bib, burp cloth, washcloth, bottle, sippy cup, fork and spoon...all with the "Got Milk?" theme.

Price: \$ 53.00 - \$ 70.00

[Buy Now!](#)

The beginning of weaning for most children begins at about six to eight months when your child is introduced to solid foods. Your child will be getting nutrients from solid foods and may not need as much breast milk as before. Try to start by skipping one nursing session everyday and try to make it a time that is not the baby's favorite nursing time, usually early morning, naptime and bedtime. Instead of this session give your baby a cup or bottle to drink from with either formula or whole milk or it is sometimes recommended to use a mixture of formula and whole milk and gradually introduce whole milk. Keep doing this for a few days every so often eliminating a nursing session until you are no longer breastfeeding. If your baby does not want to take a bottle from mommy try these tips to get your baby drinking from the bottle.

- Have someone other than mommy give the baby the bottle and have mommy stay in another room as even her voice can distract the baby's feeding.
- Hold the baby in a different position that is not like he or she is breastfeeding. For example hold them facing you on your lap. Once the baby takes the bottle you can cradle them again.
- Propping a bottle up is dangerous for the baby make sure someone is there holding the bottle at all times, the baby could choke because the bottle milk may come out too fast.
- Whenever you decide the time to wean is right for you just remember to take it slow and listen to your body and your baby.