

Separation fears may be more intense in children who are temperamentally "slow-to-warm-up" and have difficulty making transitions or entering new situations. They can experience a variety of emotions such as anger, guilt, jealousy, confusion, hurt, and fear. Preschool children may regress to outgrown behavior like whining, crying, and bed-wetting, or may become more aggressive and demanding.

Intense Separation Reactions

Even though your baby has already experienced some separation anxiety, it is likely that she will develop more intense reactions to separation at this developmental stage. Leaving her with a babysitter or dropping her off at a daycare center may be more difficult. Remembering to take a favorite toy or a lovey along may help with these leave-takings. Fear of new situations results partially because of your child's inexperience with them.

Check out more great baby articles on our [Baby Blog](#)

- [Baby Books](#)
- [Baby Gifts](#)
- [Baby Holiday Gifts](#)
- [Baby Names](#)
- [Baby Shower](#)
- [Baby Shower Themes](#)
- [Birth Announcements](#)
- [Diaper Cakes](#)
- [Mom Ideas & Gifts](#)
- [Parenting](#)
- [Toys](#)

Easy sleep patterns that can be established may be disrupted in this stage. So much time during the day is spent in motor activity-walking and running-that by the time evening rolls around, your toddler is likely to be too overtired to go to bed easily. In addition, you shouldn't be surprised if your baby starts to wake up again in the middle of the night. This may be because your baby is afraid of being alone. Night-fears begin around eighteen months. They may continue through the third and fourth year, changing in intensity and content. Three year olds can often tell you about the dreams that wake them up.

At these early ages, your baby doesn't know what's real and what's fantasy, so nighttime being alone, and dreams can be frightening experiences. You can relieve some of your baby's fearfulness by comforting her and telling her that you are there and will protect her. On occasion, even letting your baby crawl into

BABY GIFTS & GIFT BASKETS

Allow children some time to get accustomed to new people. Kids feel more secure when they know and trust their caregivers. If your child is slow to adapt to new situations, she may even need a few weeks to transition. Patience is key.

[Baby Gifts and Gift Baskets](#) provides timely and practical information for new moms, as well as gift ideas for pregnancy, baby showers, and to celebrate birth:

New Baby Gift Ideas

- [New Baby Gift Baskets](#)
- [Baby Gift Baskets](#)
- [Welcome Wagons](#)
- [Bath Time Baskets](#)
- [Baby Cookie Baskets](#)
- [Rocking Horses](#)
- [Baby Book Baskets](#)
- [Unique Gift Sets](#)
- [Personalized Baby Gifts](#)
- [Personalized Baskets](#)
- [Baby Blankets](#)
- [Personalized Banks](#)
- [Personalized Furniture](#)
- [Hooded Towels](#)
- [Bibs & Clothing Gifts](#)
- [Other Gifts](#)
- [Baby Diaper Cakes](#)
- [Twin & Triplet Gifts](#)
- [Baptism – Christening](#)
- [1st Birthday Gifts](#)
- [Teddy Bears & Plush](#)
- [Christmas Baby Gifts](#)
- [Easter Baby Gifts](#)
- [Baby Shower Favors](#)
- [Personalized Baby Favors](#)
- [Baby Shower Games](#)
- [Invites & Thank You](#)
- [Shower Centerpieces](#)
- [Baby Baptism Favors](#)
- [Birth Announcements](#)
- [Baby Shower Tableware](#)
- [Pregnancy Congratulations](#)
- [Gifts Ideas for Mom](#)
- [Gift Ideas for Dad](#)
- [New Sibling Gifts](#)
- [Grandparents Gifts](#)

bed with you can give her a sense of security and you a good night's sleep.

Children's fears can be lessened through imaginative play and books. Play is a terrific means of working out difficulties your child may be experiencing. Some of your baby's fears and worries can be worked out through your playing together. Each of you can take turns pretending to be the "scary monster," which the other one banishes. Some delightful children's books cast triumphant little boys and girls as conquerors of nighttime monsters.

New Little Prince or Princess Basket



When the new little Prince or Princess arrives, they require a gift fit for royalty and this gift fits the bill! We've taken a wooden Boy or Girl baby box and filled it with essentials for the new little bundle of joy. For the boys, we include an embroidered "The Prince has Arrived" bib and for the girls, a "The Princess has Arrived" bib is included. They'll also find an infant cap, cotton baby booties, cotton infant pants (3 to 6 month size) and three cotton body suits with a crown appliqué or theme. We've also added a Baby's 1st Footprint Keepsake Kit that they can cherish for years to come.

Price: \$ 57.00

[Buy Now!](#)

In addition to books, parents can use puppets to engage their toddlers, and older children too, in lively re-enactments of daily concerns and fears. Playing with puppets removes some of the tension associated with real-life discussions about upsetting issues. By giving the worries to the puppets in the realm of your play, some forbidding topics are no longer unthinkable. Toddlers need a regular bedtime routine. Many parents use the hour before bedtime to read books with their children. Not only is reading to your child known to be beneficial to her later reading readiness, but eighteen months olds find the same routine night after night comforting. Thus, a consistent bedtime "ritual" is good for your child's emotional growth and cognitive development and may provide a better night's sleep for both parents and child.

New Advances

As a parent, your role is to support your baby's move toward independence while at the same time recognizing his need to be dependent on you. Some children have great difficulty struggling to reach the next developmental milestone. Others make smooth transitions from milestone to milestone. Some experts believe that development is mainly dependent on the child's growth or maturation, with maturation moving in an upward cyclical manner. Occasionally peaks and valleys do occur.

With this cyclical view of development, parents can see how new advances can be

upsetting for children. Thus, with advances to each new stage of development, notably with walking, your baby's behavior may seem disorganized until he is sure of himself and has consolidated his new skills.