

Two-month-old will be awake for longer periods of time; he will still mostly be eating and sleeping. Your infant will still get all of his nutrition from breast milk or an iron fortified infant formula. There is usually no need to supplement with water, juice or cereal at this time. He will likely now be on a more predictable schedule and will probably be nursing or drinking 5-6 ounces of formula every 3-4 hours.

Two to Three Months

Your Baby Begins to Look More at You



At two to three months, babies look more at their parents than at strangers. This helps you feel that your baby has formed a preference for you, which, in turn, strengthens your affection and love for your baby.

In actuality, of course, babies begin to look more at their parents because they see them the most—they recognize them. Hence, you become one of the first memories your baby constructs. Babies also like to watch things that change a little bit each time they look at them. Because faces change all the time, your face is an ideal stimulus.

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Babies at this age are beginning to “understand” what faces are. Two month olds can differentiate pictures with scrambled faces from those with faces with correctly placed features. By three months, babies may be able to discriminate facial expressions well enough to identify the eyes, nose, and mouth. Also, your baby will start to remember you and recognize you in other ways.

The Social Smile

Not only do babies smile more, they begin to smile socially—that is, they smile at people more than at things. These early smiles probably reflect more the fact that faces are familiar objects than that a truly social process is taking place. Nevertheless, when you

BABY GIFTS & GIFT BASKETS

Read! Read! Read! Not only are you teaching your baby new words, but you are also stimulating his curiosity in the world around him. Reading is very important and it should be begin as soon as your child is born, if not before.

[Baby Gifts and Gift Baskets](#) provides timely and practical information for new moms, as well as gift ideas for pregnancy, baby showers, and to celebrate birth:

New Baby Gift Ideas

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smile at your baby, your baby can smile in response. There is nothing like those first smiles to make you fall in love with your baby all over again.

Your Baby Becomes a More Active Participant

In "talking" to their infants, parents perform what in adult conversations would be socially inappropriate behaviors just to get their babies to look and smile at them.

We make all sorts of funny exaggerated, funny faces when we look at our babies. The routine parents go through with their babies has been described as a dance. Your baby looks at you, locks his eyes on yours, and then looks away. You then use your routine of funny faces to get your baby to look back at you. It is as if the two of you are taking turns in a finely tuned conversation or dialogue.

By three months, your baby will assume a greater role as the initiator of the sequence of play and interaction. In the first month, your baby followed your lead; at three months, your baby can begin the dance as well.

Got Milk Baby Gift Basket



Got baby? Welcome the new bundle of joy with wonderful gifts in a coordinated fabric lined basket. Boys design includes white and blue items, while baby girl's design uses pink and white. The medium includes matching one-piece body suit (0 - 6 months), booties, receiving blanket, bib, burp cloth, washcloth, bottle, sippy cup, fork and spoon...all with the "Got Milk?" theme.

Price: \$ 53.00 - \$ 70.00

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Your Baby Becomes Adjusted to Your Rhythms

Your two year old is beginning to adjust to your biological rhythms. Most babies will now sleep through the night and feed more regularly and less often. Failure to make these adjustments to your sleeping and waking patterns can be a major source of strain on your relationship with your baby and your spouse. Especially fatigued parents have a hard time enjoying their babies. If your baby continues crying excessively and does not seem to be falling into any sort of routine with you, a call to the pediatrician might be in order.